Help For Veterans, First Responders And Their Families

Help For Veterans, First Responders And Veteran's Families

February 28, 2023 - The links below are offered in the hope of uniting needy servicemen and women, first responders and their families, with support organizations. If you know of other sites that have been, or could be, useful to our Veterans and/or their loved ones, please send nominations to: Staff@WarZoneWear.com.

Veterans Welcome Home & Resource Center – The mission of the Veterans Welcome Home and Resource Center is to end veteran homelessness. We assist our local honorably discharged veterans with job placement, filing claims with the Veterans Administration, help those veterans who find themselves in deep financial difficulty, and to temporarily shelter those veterans who are homeless until permanent housing can be secured. War Zone Wear, LLC is a proud contributor to this worthy 501(C)3 organization.

KnowYourDNA – It's no secret that drug addiction is hereditary. If a family member struggles with addiction, it puts you at greater risk than someone who doesn't have an addiction in the family. The risk is higher if it's a first-degree relative who is addicted. Parents, children, and siblings are some examples. Of course, having a higher risk doesn't guarantee that you will become addicted. Your lifestyle, choices, health, and environment are what determine your likelihood of addiction. Genetic tests can analyze your DNA and identify your risk for substance use disorders like alcoholism and opiate addiction.

ReCreate Life Counseling – Offers a variety of drug and alcohol treatment options in Florida.

Trajector Medical – Is an outstanding organization that assists Veterans in getting the most accurate Veteran Disability Rating that your condition(s) warrant. We at War Zone Wear, LLC have used them personally and recommend them highly.

Medicare Plans Resource – Medicare is a federal program that provides health coverage for older adults and some younger adults with disabilities. If you have VA benefits due to your military service, you may be wondering if it's worth signing up for Medicare when you already have access to care at VA facilities. For many veterans, Medicare offers an extra level of protection against high out-of-pocket medical costs. Medicare coverage can also give you more flexibility when choosing doctors and hospitals that provide your care.

Best Online Military-Friendly Colleges of 2022 – A college degree helps active military members and veterans prepare for and transition to civilian life. It's vital that active-duty military members and veterans are able to find a school that can accommodate their needs and is compatible with their long-term career goals. In an effort to support military members in their pursuit of quality college education, Intelligence.com created a guide to the best military-friendly colleges.

Veterans-Business – Is dedicated to supporting Veterans who want to open their own business. As a veteran, many of the skills you learned in the military can be especially helpful in running a business. The wide range of hard and soft skills you acquired through service can be transferred with great success to the private sector. Many veterans are doing just that.

PipeHitter.org – War Zone Wear, LLC just donated to USMC LTC Stuart Scheller's legal defense fund. This true Patriot who simply asked for accountability from the Nation's military leaders. He is being held in solitary, pre-trial, confinement, as yet uncharged, for asking a simple question in the wake of a disastrous exit from Afghanistan that lead to the death of 13 of his fellow service members. He resigned his commission, and walked away from 17 years of service to our Republic. Not satisfied with that sacrifice, the Marine Corps now wants more. Please consider making a donation to support this amazing American.

Stop Soldier Suicide – After losing friends and fellow service members to suicide, Army veterans, Brian Kinsella, Nick Black, and Craig Gridelli were determined to create a solution for their fellow veterans who were struggling. For them, military suicide isn't just a problem. It's personal.

WarZoneWear.com is a proud contributor to Stop Soldier Suicide. We urge you to consider doing so as well.

Night Terrors In Adults – Night terrors are recurring nighttime episodes that happen while you're asleep. They're also commonly known as sleep terrors. This very informative page is provided by Healthline.com and can be useful to Veterans, First Responders and other adults.

ProjectDynamo.org – The Mission -- Named Dynamo II in reference to the evacuation of Dunkirk by Allied forces during World War II with the help of thousands of civilian watercraft -- will gather evacuees in four provinces outside Kabul and airlift them to safety, said Jen Wilson, chief operating officer of Army Week Association and a member of the coalition.

The coalition is mobilizing today and plans to fly out its first evacuees immediately, she said. For anyone left behind when local nationals are no longer allowed to leave the country after Aug. 26., she said, the future looks grim

WarZoneWear.com is a proud contributor to OperationDynamo.org. Please consider doing so as well! The situation is more desperate by the day. Twelve U.S. Marines died today along with at least thirteen Afghan citizens. The number of injured outside the Kabul Airport is unknown following two suicide bombers' attacks.

On this Memorial Day weekend, we wanted to alert you to an organization honoring Gold Star Families. The Hershel Woody Williams Medal of Honor Foundation builds monuments to Gold Star Families across the United States. You can view a list of current and in-progress monuments on their website. Hershel Williams is the last surviving Medal Of Honor recipient from WWII. WarZone Wear, LLC is a proud contributor to Mr. Williams' organization. Please consider doing so as well.

The following will hopefully assist Veterans to find new careers and/or employment:
Guide for Veterans in Transitioning to Skilled Trades

Veteran's Guide to Digital Jobs

Guide for Veterans Entering the Construction Industry

Many veterans may be unaware that they are exposed to asbestos in older homes.

What Is PTSD? – This site is provided by Singlecare.com, a discount drug site. War Zone Wear, LLC *does not* endorse the products or services of SIngleca re.com.

Sleep and PTSD – Sleep is when our brains process memories, emotional ones in particular. Thus, sleep is vital for helping victims of trauma process the event that has occurred. Unfortunately, between 70% and 91% of adults with PTSD have difficulty falling asleep and staying asleep, which interferes with their processing memories. And up to 71% report having nightmares, which can jolt them awake at night.

Veterans' Dental Benefits & Recommendations Guide This link is presented by AuthorityDental.org

Alcohol Rehab Help – Alcohol abuse and addiction can affect anyone at any age. Fortunately, there are ways to prevent alcohol use disorder (AUD), especially in underage drinkers. Prevention tips include talking with children about the dangers of alcohol, monitoring alcoholism behaviors at home, and teaching valuable coping mechanisms, among others.

War Zone Wear, LLC *does not* endorse the services of any attorney mentioned, listed, accessed or employed through the following web site. Mesothelioma Lawyer Center – For over 20 years has been helping families connect with leading mesothelioma lawyers. There are many law firms that handle mesothelioma and asbestos cases. Choosing the right law firm can be overwhelming. We clear the confusion to provide connections with the top lawyers nearest to you.

Florida Drug and Alcohol Addiction Treatment – Taking the first step towards a life in recovery is often very difficult. Even with the support of friends and family, it can still feel like a lonely road to travel. A great way to build peace of mind is understanding that you are not alone in your struggle and that there are plenty of recovery options to fit your individual needs.

Addiction Resources For American Communities – Addiction is a complex and serious issue that affects all types of communities in the United States. While anyone can develop a substance use disorder (SUD), there are specific communities that are more susceptible than others. Certain cases require specialized care and treatment.

Contingency Management Helps Veterans Stay Drug-Free – Veterans, especially recent veterans, have been hard hit by the opioid epidemic and the rise in other Substance Use Disorders (SUD). Problems of chronic pain and Post-Traumatic Stress Disorder (PTSD) make substance use and abuse more likely. Since 2011, the U.S. Department of Veteran Affairs (VA) has treated SUD with contingency management (CM), a technique that promotes abstinence from drugs and alcohol. The technique is simple, costs little, and boasts a high success rate. More than 4,000 veterans have participated in a 12-week contingency management program at more than 100 VA medical centers. The CM method has not been widely used by private addiction rehabilitation facilities or accepted by many insurers. For example, Medicaid, which in 2014 paid for 21% of all SUD treatment in the United States, does not cover contingency management. If you are interested in this service please contact your local VA medical center. VA Hospital Locator.

Veterans' Dental Health – This article provides useful information on a variety of dental health issues.

Mental health And Sleep – The term mental health describes emotional, cognitive, and social well-being. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Mental health affects not just how we feel, but how we think and behave. Our psychological condition determines how we handle stress, relate to others, and make choices.

Tunnels to Towers – Are you a Veteran with a severe service-connected disability that affects your mobility? Do you know someone who is? If you answered "Yes" to either question, then you or someone you know may be eligible for the participation in the Foundation's *Smart Home Program.* The Stephen Siller Tunnel to Towers Foundation builds mortgage-free *smart homes* for our most catastrophically injured service members. Each home is custom designed to address the unique needs of each individual. *Smart homes* host a myriad of features such as automated doors and lighting, wider halls and doorways, special showers to accommodate wheelchairs, automatic door openers, cabinets, counters, and stove tops that can be raised and lowered, back-up generators, and central heating and air conditioning systems that can be controlled by tablets. These homes enable our most severely injured heroes' live better, more independent lives. War Zone Wear is a proud monthly contributor to Tunnels to Towers.

NoVetAlone.org – No Vet Alone is a national peer support network to empower resilience for America's Finest. Our network helps create communities that provide resources and tools to help our nation's heroes improve their lives. #FindingPurposeTogether Established the Resilience Research Project in April 2019 to Create a unique and highly innovative protocol with targeted and personalized mental health treatments and suicide prevention by combining peer support, technology, functional medicine, and community action to improve the brain health and produce more effective outcomes. Our nation-wide network of community programs provides a vital lifeline for those who serve our country.

Sneakers For Soldiers – Athletic shoes, a critical item for deployed soldiers, are not supplied by the military. In Afghanistan, the extreme temperatures, harsh environment, rugged terrain, and daily exercise wreak havoc on soldiers' athletic shoes and frequently creates the need for a new pair. The benefits of daily exercise are numerous in managing stress levels and in staying strong, but exercising in worn out shoes is just as bad as exercising in the wrong shoe. It increases the stress and impact on joints which can cause injuries. Studies have also shown that time spent out of boots, in proper fitting athletic shoes is critical to the health of our soldiers' feet. Recognizing this need, Sneakers for Soldiers offers us all the opportunity to show our support for our troops in a practical way by replacing their worn out athletic shoes. With the support of individuals and organizations from around the country, we are able to purchase high quality sneakers at a discounted price and send them to men and women deployed in Afghanistan. The uniqueness of the program is that Sneakers for Soldiers has devised a way for each soldier to choose a sturdy athletic shoe that best fits their feet . . . because all feet are different. War Zone Wear is a proud contributor to SneakersForSoldiers.org.

Free Grants For Veterans – Find Free grants for veterans in all 50 states and major cities. This website provides comprehensive details on grants for veterans. These grants are given away for free, and they could help low income veterans with bills, mortgage, rent, housing, college, and medications . Please note that grants are only given for veterans who can prove financial difficulties. Apply for multiple grants to ensure your needs are met. Information is offered on the following : (1) grants for rent (2) housing assistance (3) help with bills (4) education grants (5) medical bills grants (6) business grants

The Independence Fund – Founded in 2007, The Independence Fund is committed to empowering our nation's severely wounded, injured, or ill Veterans to overcome physical, mental, and emotional wounds incurred in the line of duty. We are dedicated to improving the lives of both our Veterans and their families. Through our Mobility, Caregiver, Adaptive Sports, Advocacy, and Family programs, The Independence Fund strives to bridge the gap of unmet needs for Veterans and their Caregivers. WarZoneWear.com is a proud contributor to The Independence Fund.

MesotheliomaHub.com – MesotheliomaHub's mission is to connect Mesothelioma patients and their families with the educational, medical, and legal resources. Learn about Mesothelioma's causes, common symptoms, and treatment options for malignant mesothelioma and get legal advice on how to file a claim if you or a loved one has been diagnosed.

BlueHelp.org – The mission of Blue H.E.L.P. to reduce mental health stigma through education, advocate for benefits for those suffering from post-traumatic stress, acknowledge the service and sacrifice of law enforcement officers we lost to suicide, assist officers in their search for healing, and to bring awareness to suicide and mental health issues.

All Treatment – Is a rehab locator built using Government data from SAMSHA. Alltreament.com was created to provide a better user experience for finding treatment based on treatment type, payment and your location. Please accept the location request to display rehab centers near your current location.

RehabCenter.net – Find Drug & Alcohol Treatment Programs By State. RehabCenter.net has compiled an extensive directory of drug and alcohol rehab centers located throughout the United States. Begin your search by selecting the State in which you are looking for treatment.

Pets For Vets – The enduring bond humans share with animals has the power to reduce suffering, mitigate loneliness, improve mental well-being and bridge the gap between ourselves and others. For our returning troops, these benefits are especially important to help ease the transition into civilian life.

Pets for Vets was created to improve the lives of both Veterans and animals by bringing them together in a thoughtful, caring way. Our goal is to give back to the brave servicemen and women who have given everything to our country, while finding homes for deserving shelter pets. By matching the right pet with the right Veteran, everyone wins! Shelter animals receive a second chance at life and Veterans receive a second chance at health and happiness. WarZoneWear.com is a proud contributor to Pets for Vets.

Angel Wings For Veterans – Angel Wings for Veterans provides wounded, ill and injured veterans and active duty service members along with their families with free travel to clinical care on the ground and in the air with gas cards, bus and train tickets, general aviation flights, and commercial airline tickets. We provide transportation to clinical care and a variety of therapies: Medical treatment, PTS/TBI treatment, Rehabilitation, Service dog acquisition, Hyperbaric oxygen therapy, Counseling and Adaptive sports events. WarZoneWear.com is a proud contributor to Angel Wings For Veterans.

The Gary Sinise Foundation – Providing support for Veterans, First Responders, their families and those in need.

Merging Vets and Players (MVP) Founded by Fox NFL Sunday's Jay Glazer and Nate Boyer, MVP's mission is to match combat veterans and former professional athletes together -- after the uniform comes off -- to give them a new team to tackle the transition together. MVP shows them they are NOT alone.

American Addiction Centers – Drug Rehab Guides for Addicted Veterans & their Families. Offering a First Responder Lifeline. Confidential, Toll-free, 24/7 Phone Number
Our Treatment Counselors are always on hand to assist you. Call Now (888) 902- 8387 (902- VETS).

Final Salute, Inc. – It is estimated that there are currently 55,000 homeless women Veterans in the United States on any given day. Final Salute. Inc was established to identify and meet the unique needs of homeless women Veterans. The organization was recently featured in an episode of CBS' *NCIS*. WarZoneWear.com is a proud contributor to Final Salute, Inc. We urge others to consider doing so as well.

The Travis Mills Foundation – During his recovery at the U.S. Army's flagship hospital, Walter Reed, Travis Mills — a quadruple amputee — found a passion for inspiring fellow wounded servicemen and women. While at Walter Reed, Travis consistently toured the facility seeking opportunities to encourage and spend time with fellow wounded soldiers and their families. For this service, Travis quickly earned the nickname, the "Mayor," at Walter Reed.

DrugRehab.com – Assists Veterans with addiction issues. They are a commercial organization that may be of benefit current and former members of our Armed Services. Veterans can check their insurance coverage for substance abuse here or by calling 877-881-4737.

Veterans' Crisis Line – You served your country. Now, let the VA serve you. If you're a Veteran in crisis or know a Veteran who is, confidential support is only a phone call, click, or text away — **24 hours a day, 7 days a week,365 days a year by calling 1-800-273-8255, Press 1**. The Veterans Crisis Line, **Online Chat**, and text-messaging service are free to all Veterans, even if you are not registered with the U.S. Department of Veterans Affairs (VA) or enrolled in VA health care. Hundreds of Veterans call us every day and start to get back on track.

Mesothelioma.net – Approximately thirty percent of patients diagnosed with mesothelioma are veterans who have served in the U.S. military. If you are a veteran diagnosed with mesothelioma, find out whether you are eligible to receive compensation from the $30 Billion Trust Funds. There is a time limit so make the call us as soon as possible.

Veterans diagnosed with Amyotrophic Lateral Sclerosis (ALS, aka Lou Gehrig's Disease) — The Veterans Administration (VA), has categorized ALS as a 100% service related disability for veterans of the Armed Forces who have a higher percentage of contracting ALS than non-Veterans.

The Paralyzed Veterans Of America – (PVA.org), can assist Veterans diagnosed with ALS to file and accelerate their VA claims.

Gold Star Survivor Outreach Services for all eras and branches of service. This site and the Gold Star Pin public service announcement series were created by the U.S. Army's Installation Management Command. We reach out to survivors in all 50 states, U.S. territories and overseas through our long-term survivor support program called Survivor Outreach Services. Although the Army's Survivor Outreach Services' page is the focus of this resource page, please know that all branches of the Armed Forces are equally committed to taking care of surviving military families. Please contact us, and we will connect you with additional resources that may be available for your branch of service. To find the Survivor Outreach Services location nearest you, click **here**.

Mesothelioma Explained Malignant Mesothelioma: Learn about the Different Types of Mesothelioma. You may not know that your body has a thin membrane that will cover and even provide lubrication to different cavities within the body. It is called the Mesothelium. Exposure to asbestos can lead to cancer in this lining, which is known as mesothelioma.

Mesothelioma Asbestos Awareness Center (MAAC), is an online resource for those who have mesothelioma and those looking to learn more about it. Since Mesothelioma is such a rare cancer MAAC tries to make sure patients have access to as much information as possible. MAAC provides a wealth of knowledge from the care patients have to go through to the special community groups they can become involved in.

Mesothelioma Prognosis Network Is an advocacy group that works to spread the awareness of asbestos-related diseases. They offer a monthly online support group where we discuss a variety of topics pertaining to either cancer patients or their caregivers. They have an on-staff doctor and nurse available to answer any medical-related questions, 24-hour live chat support and more.

Mesocare.org MesoCare is a free public service that is dedicated to providing, support, education, and hope for patients and loved ones who have been diagnosed with mesothelioma.

Mesothelioma Clinic The Mesothelioma Clinic is public service organization geared towards helping victims and their families find treatment, doctors and cancer clinics as a public service to the veteran community.

MesotheliomaVeterans.org Veterans of the U.S. Navy have the highest risk of asbestos exposure. The Navy used asbestos extensively in their ships, and the material could be found in boiler rooms, engine rooms, pipe lagging, valves, pumps, gaskets, seals, deck flooring, bulkheads, insulation, and even in berthing. Asbestos was relatively cheap and heat-resistant, so it was used extensively to fireproof the Navy's infrastructure.

Mesothelioma and Veterans One-third of all mesothelioma patients are veterans, and approximately 6,000 veterans afflicted with this asbestos-caused cancer died between 1999 and 2005 alone. The reason this cancer targets so many veterans is because of the prevalence of asbestos use in the military in the past. Part of Mesothelioma Guide's mission is to spread awareness to veterans and their families. The Mesothelioma Guide website offers free veteran specific resources and support for patients and families.

Mesothelioma Fund offers free services for patients dealing with the cost of treatment.

MakeTheConnection.net offers help for veterans from WWII to Afghanistan and Iraq through shared experiences and support.

The Veterans Airlift Command (VAC) provides free air transportation to wounded veterans and their families for medical and other compassionate purposes, through a national network of volunteer aircraft owners and pilots.

Luke's Wings provides travel expenses for wounded warriors and their families so they can be together at military hospitals or home for the holidays!

The Mesothelioma Center is committed to providing the latest, up-to-date information to their visitors in the hopes of spreading awareness about the dangers of asbestos cancer. Hundreds of thousands, if not millions of living veterans were exposed to toxic asbestos-containing materials during military service which could develop into mesothelioma. Our goal is to offer a one-stop resource on all asbestos and mesothelioma-related information ranging from occupational exposure to mesothelioma life expectancy.

Honor Flight Network is a non-profit organization created solely to honor America's veterans for all their sacrifices. We transport our heroes to Washington, D.C. to visit and reflect at their memorials. Top priority is given to the senior veterans – World War II survivors, along with those other veterans who may be terminally ill.

Operation Home Front which provides emergency assistance and morale to our troops, to the families they leave behind and to wounded warriors when they return home. The greatest casualty is being forgotten. War Zone Wear® is a proud contributor to Operation Home Front.

The Wounded Warrior Project. For more information or to donate click **here**.

War Zone Wear® is a proud member of, and contributor to, the **National Coalition for Homeless Veterans** (NCHV). The NCHV is a 501(c)(3) nonprofit organization governed by a 13-member board of directors. It is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

The U.S. **Department of Veterans Affairs**. There is also a page describing **survivor benefits**. In addition, there are links to other **state and federal government** sites on that page that may offer valuable information and assistance.

The **Military Order of the Purple Heart** (MOPH) is proud to represent all veterans, their widows, and orphans. There is no membership or combat wound requirement in order to receive their assistance. You can locate your local MOPH Service Officer **here**. (Requires FREE Adobe Acrobat Reader to open the file. You can obtain it **here**).

Supporting America's military in their time of need, **Fisher House** provides "a home away from home" that enables family members to be close to a loved one at the most stressful time — during hospitalization for an illness, disease or injury.

Homes for Our Troops is a 501 (c)(3) nonprofit organization strongly committed to helping those who have selflessly given to their country and have returned home with serious disabilities and injuries. Homes for Our Troops assist injured servicemen and women and their immediate families by raising donations of money, building materials, and professional labor and coordinating the process of building a new home or adapting an existing home for handicapped accessibility.

The **VFW's Operation Uplink** is a unique program that keeps military personnel and hospitalized veterans in touch with their families and loved ones by providing them with a free phone card. Operation Uplink purchases phone cards and distributes them to servicemen and women who are separated from those they care about.

For employment opportunities please visit the **VetJobs** site.Drug Rehab Guides for Addicted Veterans & their Families